

Pacific Coast Recovery Center

FAMILY WEEK

Track 1 & Track II

Family Counselor: Marcia Locke, MA, (949) 499-1311 xt. 3700

Your Family Week is scheduled for: _____ Patient's Case Manager _____

Time	Monday	Tuesday	Wednesday	Thurs	Friday
<p><u>TRACK I</u></p> <p>2:00PM – 8:30PM</p> <p>Dinner break is around 5:30 PM to 6:30 PM</p>	<p>2:00-3:00 - Classroom 1 4th floor</p> <p>(Patients & Family) Lecture: Dr. Headrick Medical Aspects of Addiction</p> <p>3:15 – 5:30 – Group Rm 1 (Patients & Family)</p> <p>The Impact of the Disease of Addiction/ Chronic Pain on Relationships (Discussion, Assignments, Genograms)</p>	<p>2:15 – 3:00 –TBA (Family only)</p> <p>CD and codependency recovery discussion</p> <p>3:00 – 5:30 – Group Rm 1 (Patients & Family)</p> <p>Changing Destructive Communication (Dyads, Assignments, Group Process, Cognitive Mapping, Genograms, Family Sculpting)</p>	<p>2:15 -3:00 –TBA (Family only)</p> <p>CD and codependency recovery discussion .</p> <p>3:00 – 5:30 – Group Rm 1 (Patients & Family)</p> <p>Skillful Recovery for Chemical Dependency and Co-dependency (Assignments, Group Process)</p>	<p>2:00 – 5:00 –TBA</p> <p>Transitioning Home -Relapse Strategies</p>	<p>12:00 PM - Auditorium (Basement) (Patients & Family)</p> <p>Patient & Family Commencement Dr. Headrick</p>
BREAK	Break	Break	Break	Break	
<p><u>TRACK II</u></p> <p>6:30PM – 8:30PM</p>	<p>Group Room 1</p> <p>Lecture: Addictive Disease Disease Progression Toxic Communication Recovery and the 12 steps</p>	<p>Group Room 1</p> <p>Addiction/Chronic Pain Drives Everyone Crazy</p> <p>How Family Systems are affected by Chemical Dependency; Chronic Pain Healthy Communication</p>	<p>Group Room 1</p> <p>Relapse Prevention for Chemical Dependency, Chronic Pain and Co-dependency</p> <p>Toxic Conflict</p>	<p>6:00PM – 7:30PM TBA</p> <p>Thursday Family Group (Alumni and Support Group)</p>	